

# GM Moving in action



**Eve Holt**  
Strategic Director  
GM Moving



**Ayisatu Emore**  
Flourish CIC & Idaraya  
Life CIC

# GM Moving in action



Tom Stannard  
Chief Executive  
Salford City Council

# GM Moving in action



Jill, Jordan & Anthony  
Be Strong



Welcome  
You belong here!



Join in  
We are all movers and  
shakers!

Spread the joy  
#GMMoving #ActiveSoles

This is a  
Movement!

# GM Moving in action



Hayley Lever  
Chief Executive  
GM Moving

# Tackling street harassment of women and girls

Eve Holt, GM Moving

Dr Caroline Miles & Prof Rosemary Broad,  
University of Manchester

Toyebat Adewale, Open Data Manchester

Julie Tweedale, Freedom Personal Safety

Cookie Love, Right to the Streets

Dr Ellie Cosgrove, Publica CIC

Amanda Pearce, Director, Diva Creative

Kate Dale, Sport England





# Active lives for all: what will it take?

Dr Katie Shearn, Sheffield Hallam University

Annamarie Phelps, International Working Group for Women & Girls

Dr Doug Jeffrey, Manchester Local Care Organisation

Hayley Lever, GM Moving

Jeanette Bain-Burnett, Sport England

Sarah Brown Fraser, Activity Alliance

Tim Gill, Author, 'Urban Playground'



# Creating a culture of belonging: what's our collective gameplan?



Helen Pankhurst, GM4Women 2028

Sally Carr, Street Games

Adam Blaze, Activity Alliance

Belinda Everett, GM Cycling Mayor

Sanjay Bhandari, Kick It Out

Kelly Gordon, NETBALLHer

# Closing plenary

Viveen Taylor, Sport England

Warren Heppolette, GM NHS

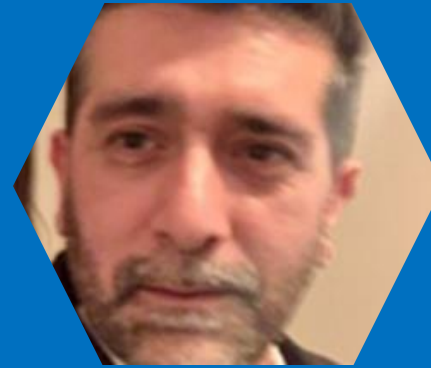
Katya Pursall, 10GM

Jules Palfreyman, GM Equality Alliance

Sandy Koujou, Carribean and  
African Health Network

Dr Richard Nickson, Active Travel, TfGM

Maya Chowdhury, Poet & Artist





# Active listeners

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Welcome  
You belong here!

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# Bingo!

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# Ramadan

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# Housekeeping



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# Housekeeping



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# Housekeeping



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# Agenda - Morning

11.15 Choice of morning breakout sessions:

## Indoor Workshops

- Tackling street harassment of women and girls. Panel. Lyric Theatre, Ground Floor
- Positive experiences for children & young people. Workshop. Pier Eight Room, Ground Floor
- Transforming leisure, pivot to active wellbeing. Workshop. Compass Room, 4th Floor
- Active workplaces, #ActiveSoles. Workshop. Hexagon Room, 2nd Floor
- Moving for mental health. Workshop. Quays Bar, 1st Floor

## Outdoor Walks/Walkshops:

- Explore the Beenetwork: Bike ride. Meet outside, by the bus
- Beat the Street: Led walk. Meet outside, left hand side of main doors
- Walking GM Trails: Led walk. Meet outside, look for sign
- Wheels for All. Try an adapted bike. Meet outside by adapted cycles

Space to work (Circle Bar, 2nd floor), talk (ground floor foyer), rest (quiet room, North Room, ground floor), pray (prayer room, South Room, ground floor)

12.15 Lunch. Catering hubs on ground floor

12.25 Lunch and Learn, take food with you. Community Engagement. Pier Eight Room, Ground Floor

13.00 Panel discussion. Lyric Theatre

# Agenda - Morning

11.15 Choice of morning breakout sessions:

## Indoor Workshops

Tackling street harassment of women and girls. Panel. Lyric Theatre, Ground Floor

Positive experiences for children & young people. Workshop. Pier Eight Room, Ground Floor

Transforming leisure, pivot to active wellbeing. Workshop. Compass Room, 4th Floor

Active workplaces, #ActiveSoles. Workshop. Hexagon Room, 3rd Floor

Moving for mental health. Workshop. Quays Bar, 4th Floor

## Outdoor Walks/Walkshops:

Explore the Beenetwork: Bike ride. Meet outside, by the bus

Beat the Street: Led walk. Meet outside, left hand side of main doors

Walking GM Trails: Led walk. Meet outside, look for sign

Wheels for All. Try an adapted bike. Meet outside by adapted cycles

Space to work (Circle Bar, 3rd floor), talk (ground floor foyer), rest (quiet room, ground floor), pray (prayer room, ground floor)

# Agenda -Afternoon

14.15 Choice of afternoon breakout sessions:

## Indoor Workshops

- Creating a culture of belonging. Panel. Lyric Theatre, Ground Floor
- Playing our full role for environmental sustainability. Long Table Discussion. Quays Bar, 1st Floor
- Leading for Inclusion of disabled people. Workshop. Hexagon Room, 2nd Floor
- Inclusive design of places: For healthy, active lives. Workshop. Compass Room, 4th Floor
- Embedding physical activity in health & care. Workshop. Pier Eight Room, Ground Floor

## Outdoor Walks/Walkshops

- Streets for All: From doorstep to bus stop. Walkshop. Meet outside by bus
- Short Wellbeing Walk. GM Ringway. Meet outside, look for sign
- Right to Roam, Left to Wander! Short stroll. Meet outside to the left of main entrance
- Getting to Know Teresa the Trishaw. A cycle around the Quays. Meet outside by the trishaw
- Wheels for All. Try an adapted bike in the plaza or on the led ride. Meet outside by adapted cycles

Space to work (Circle Bar, 2nd floor), talk (ground floor foyer), rest (quiet room, North Room, ground floor), pray (prayer room, South Room, ground floor)

15.30 Closing reflections, Panel. Lyric Theatre, Ground Floor. Invite to stay afterwards. Bar open.

# GM Moving Conference 2024 – Agenda for Morning

**10.00 This is a Movement! Welcome to the conference and warm-up - Lyric Theatre**

**11.00 Break - Refreshment stations and toilets on each floor**

**11.15 Active Lives for All - Choice of morning breakout sessions**

## Indoor Workshops

- Tackling street harassment of women and girls – **Panel, Lyric Theatre, Ground Floor**
- Positive experiences for children & young people - **Workshop, Pier Eight Room, Ground Floor**
- Transforming leisure, pivot to active wellbeing – **Workshop, Compass Room, 4th Floor**
- Active workplaces, #ActiveSoles – **Workshop, Hexagon Room, 3rd Floor**
- Moving for mental health – **Workshop, Quays Bar, 4th Floor**

## Outdoor Walks/Walkshops:

- Explore the Beenetwork: Bike ride. Starling Bank Bikes & adapted bikes available for use. **Meet outside, left hand side of main doors**
- Beat the Street: Explore the importance of neighbourhood resilience for activity levels through a led walk. **Meet outside, by the bus**
- Walking GM Trails: GM Ringway and Salford Trail as examples of waymarked trails. **Meet outside, look for sign**
- Wheels for All. Try an adapted bike in the plaza or on the led-cycle to explore the Bee Network. **Meet outside by adapted cycles**

Space to work (**Circle Bar, 3rd floor**), talk (**ground floor foyer**), rest (**quiet room, ground floor**), pray (**prayer room, ground floor**)

**12.15 Lunch: Eat, stretch, connect & rest – Catering hub on ground floor**

**12.25 Lunch and Learn, can take food with you - Community Engagement – Pier Eight Room, Ground Floor**

**13.00 Active Lives for All: Panel discussion - Lyric Theatre**

# GM Moving Conference 2024 – Agenda for Afternoon

**14.00 Break - Refreshment stations and toilets on each floor**

**14.15 Now what?! - Choice of afternoon breakout sessions**

## Indoor Workshops

- Creating a culture of belonging: What's our collective game plan? - **Panel, Lyric Theatre, Ground Floor**
- Playing our full role for environmental sustainability – **Long Table Discussion, Quays Bar, 4th Floor**
- Leading for Inclusion of disabled people – **Workshop, Hexagon Room, 3rd Floor**
- Inclusive design of places: For healthy, active lives - **Workshop, Compass Room, 4th Floor**
- Embedding physical activity in health and care systems - **Workshop, Pier Eight Room, Ground Floor**

## Outdoor Walks/Walkshops

- Streets for All: From doorstep to bus stop, what gets in the way? - Walkshop focusing on inclusive street design. **Meet outside by bus**
- Short Wellbeing Walk. This short walk along part of the GM Ringway, follows a step-free route. **Meet outside, look for sign**
- Right to Roam, Left to Wander! A short stroll with a backpack full of fun questions. **Meet outside to the left of main entrance**
- Getting to Know Teresa the Trishaw. A cycle around the Quays in a trishaw. **Meet outside by the trishaw**
- Wheels for All. Try an adapted bike in the plaza or on the led cycle to explore the Bee Network. **Meet outside by adapted cycles**

Space to work (**Circle Bar, 3rd floor**), talk (**ground floor foyer**), rest (**quiet room, ground floor**), pray (**prayer room, ground floor**)

**15:15 Quick break before reconvening in Lyric Theatre**

**15.30 Closing reflections, Panel – Lyric Theatre, Ground Floor**

**16.00 Invite to stay, chat, connect – Pier Eight restaurant and bar, Ground floor**

Non-alcoholic and alcoholic drinks can be purchased at the bar

**17.30 Close**





# Welcome back!

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# And there is so much more...!



# Introduction



Eve Holt

Strategic Director  
Greater Manchester Moving



# Thank you



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**GMCA** GREATER  
MANCHESTER  
COMBINED  
AUTHORITY

Greater Manchester  
Integrated Care Partnership



