

Active older adults

Our contribution

Connecting the GM Ageing system to create a whole systems approach to physical activity for older adults

Our shared ambition

Creating the conditions for older adults to be more active more often

Leading

...on the tackling of systematic ageism through positive portrayals of activity and ageing

Supporting

...organisations to explore intersectional inequalities, and the implementation of an Older Adults qualification across leisure

Connecting

...locality ageing teams, the GM network around the menopause, informing on data and learning. Working with the University of Manchester Healthy Ageing Research Group to disseminate research and support

