Headline Adult Active Lives Statistics

Wigan Overview

27.8%
Inactive
Less than 30 minutes a week.

10.8%
Fairly Active
30-149 minutes a week.

61.3%
Active
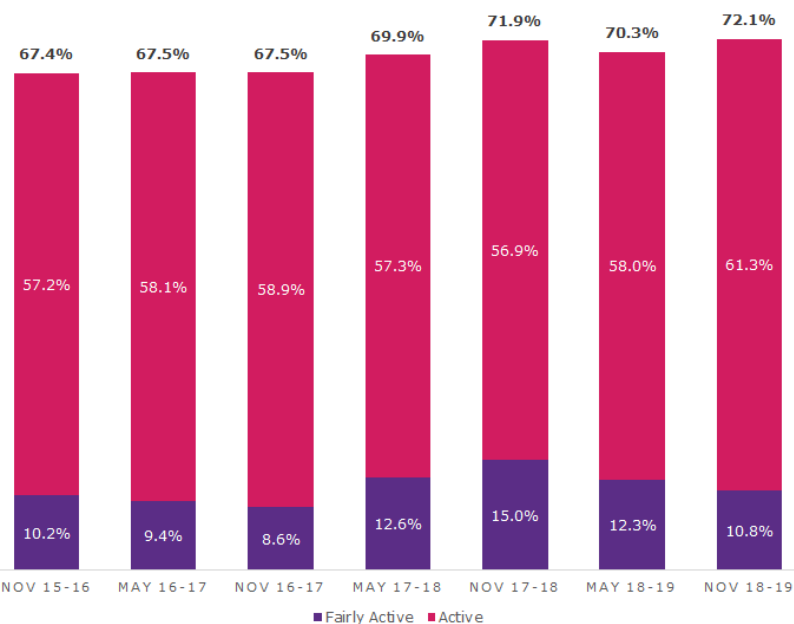150+ Minutes per week.

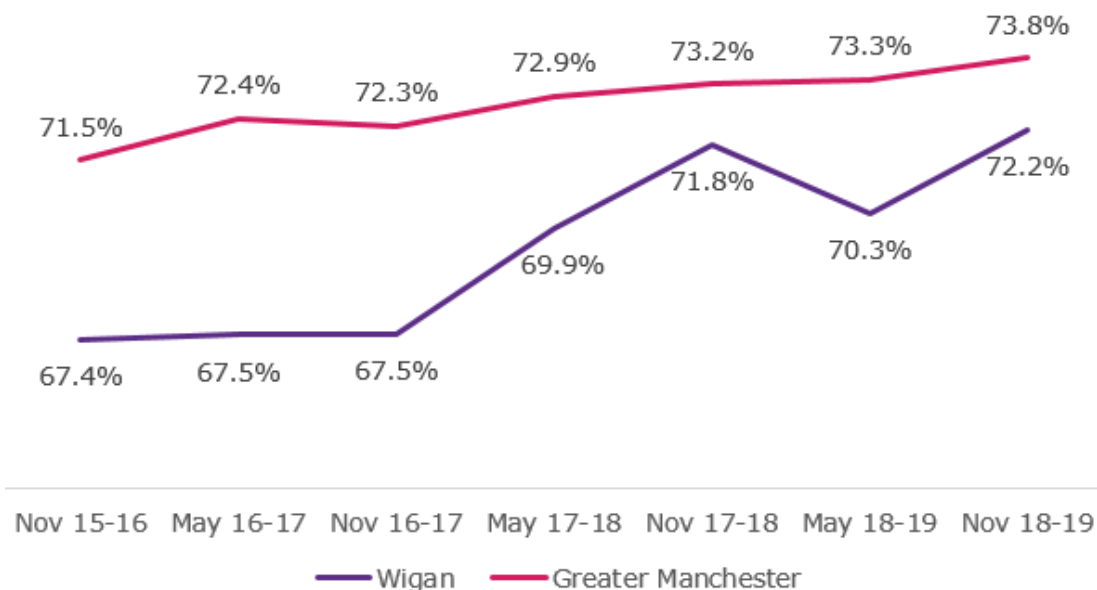**1,700**
More adults moving in the last 12 months

72.2%

Wigan Adults Moving
This is equivalent to 191,200 adults moving for at least 30 minutes a week.

- This is an increase since baseline (November 2015-16) of 4.8%.
- Faster rate of growth than the Greater Manchester (GM) average, Wigan is still below the GM average for moving.
- The last 12 months (since Nov 2017-18) has seen an increase in activity levels of 0.3%.

Adults Moving in Wigan (Fairly Active and Active)

	NOV 15-16	MAY 16-17	NOV 16-17	MAY 17-18	NOV 17-18	MAY 18-19	NOV 18-19
Total	67.4%	67.5%	67.5%	69.9%	71.9%	70.3%	72.1%
Active	57.2%	58.1%	58.9%	57.3%	56.9%	58.0%	61.3%
Fairly Active	10.2%	9.4%	8.6%	12.6%	15.0%	12.3%	10.8%

■ Fairly Active ■ Active

Adults Moving in Wigan and Greater Manchester

Greater Manchester: 71.5%, 72.4%, 72.3%, 72.9%, 73.2%, 73.3%, 73.8%

Wigan: 67.4%, 67.5%, 67.5%, 69.9%, 71.8%, 70.3%, 72.2%

Nov 15-16	May 16-17	Nov 16-17	May 17-18	Nov 17-18	May 18-19	Nov 18-19

— Wigan — Greater Manchester

Adult Active Lives Statistics: Demographics

Wigan Overview

Since the first Active Lives release, November 2015-16, Wigan has seen a decrease in inactivity levels across all cohorts. The largest decreases in inactivity have been amongst those aged 75+ with a 15.7% decrease, those from lower income categories, a 9.4% decrease, and those without a long therm limiting disability a 6.8% decrease.

0.7%
Gender gap decrease since Nov 15/16

Both males and females are moving more, this has helped to close the inactivity gender gap to 8.2%. This is higher than the GM gap of 2.5%.

7.5%
Socio-economic gap decrease since Nov 15/16

An decrease in inactivity for lower income categories and higher income categories has helped to close the inactivity socio-economic gap to 9.5%. This is lower than the GM gap of 15.5%.

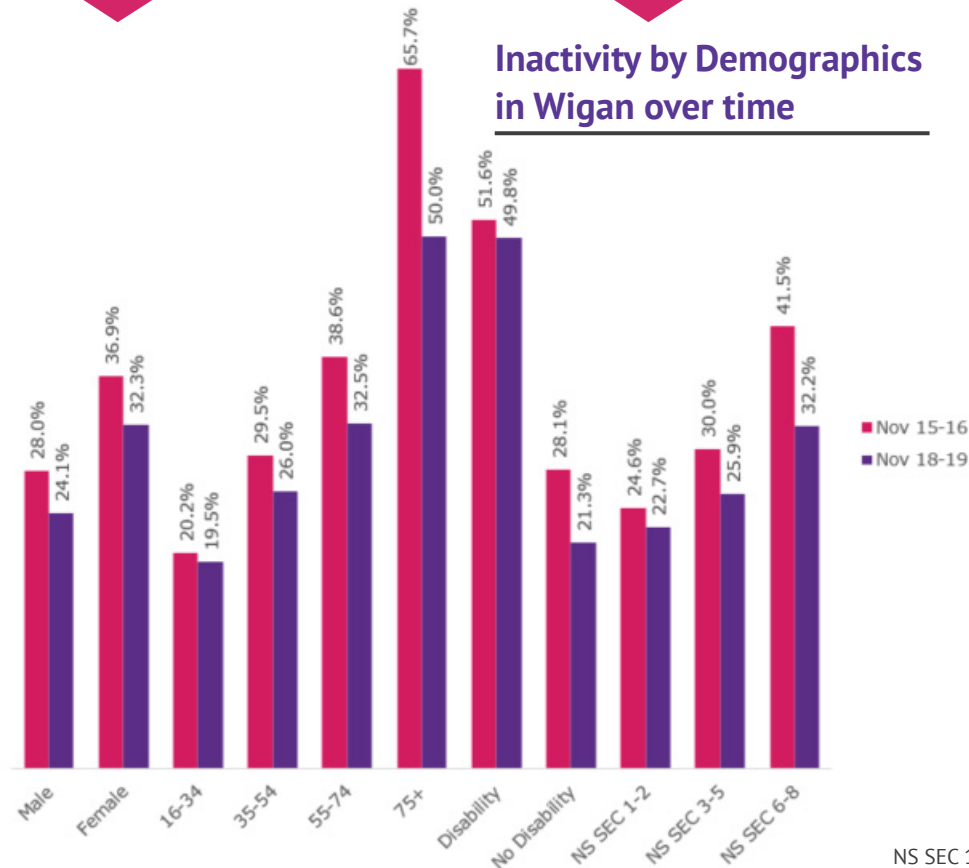**5.1%**
Disability gap increase since Nov 15/16

Both those with a long term limiting disability and those without have become more active, this has helped reduce the inactivity disability gap to 28.6%. This is higher than the GM gap of 21.4%.
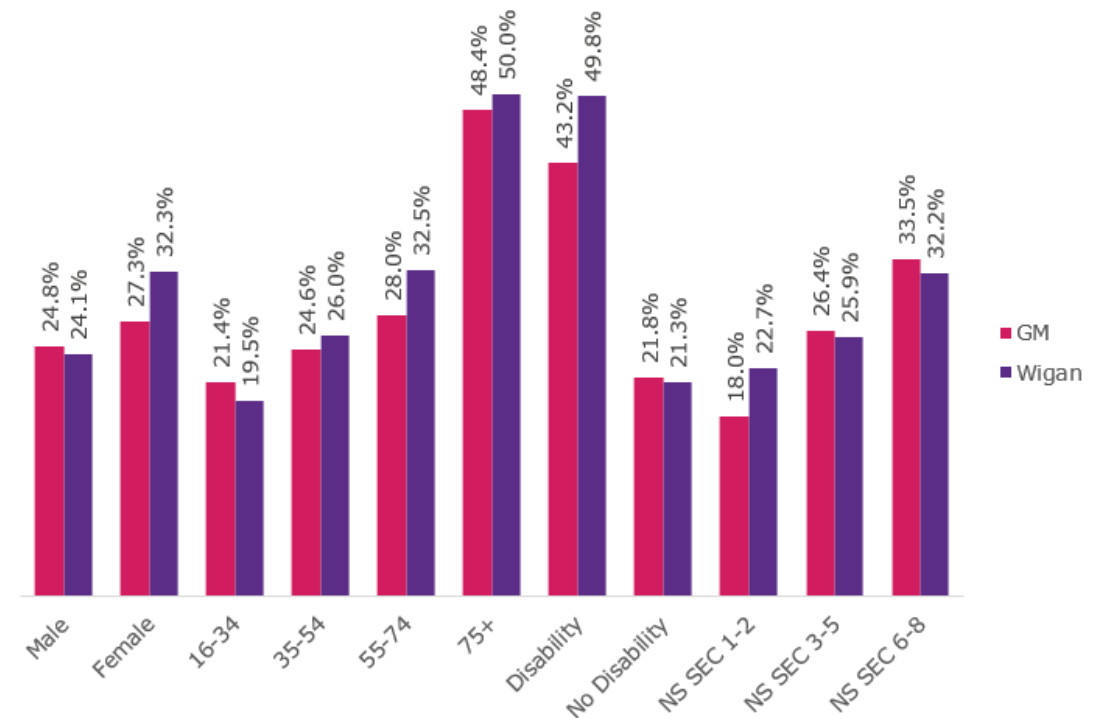
15.0%
Age gap decrease since Nov 15/16

Inactivity has declined across all ages, this has helped to reduce the gap between those 75+ and 16-34 to 30.5%. This is higher than the GM gap of 27.1%

Inactivity by Demographics in Wigan over time

	Nov 15-16	Nov 18-19
Male	28.0%	24.1%
Female	36.9%	32.3%
16-34	20.2%	19.5%
35-54	29.5%	26.0%
55-74	38.6%	32.5%
75+	65.7%	50.0%
Disability	51.6%	49.8%
No Disability	28.1%	21.3%
NS SEC 1-2	24.6%	22.7%
NS SEC 3-5	30.0%	25.9%
NS SEC 6-8	41.5%	32.2%

Inactivity by Demographics in Wigan compared to GM

	GM	Wigan
Male	24.8%	24.1%
Female	27.3%	32.3%
16-34	21.4%	19.5%
35-54	24.6%	26.0%
55-74	28.0%	32.5%
75+	48.4%	50.0%
Disability	43.2%	49.8%
No Disability	21.8%	21.3%
NS SEC 1-2	18.0%	22.7%
NS SEC 3-5	26.4%	25.9%
NS SEC 6-8	33.5%	32.2%

NS SEC 1-2, 3-5 and 6-8 relate to higher, medium and lower income categories in the National Statistics Socio-Economic classifications