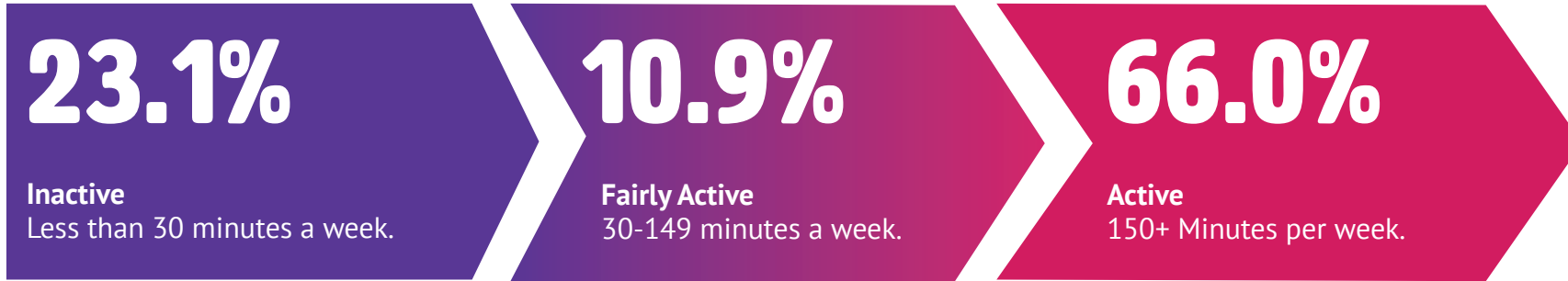


Headline Adult Active Lives Statistics

November 2018-19

Trafford Overview

Active Lives Results

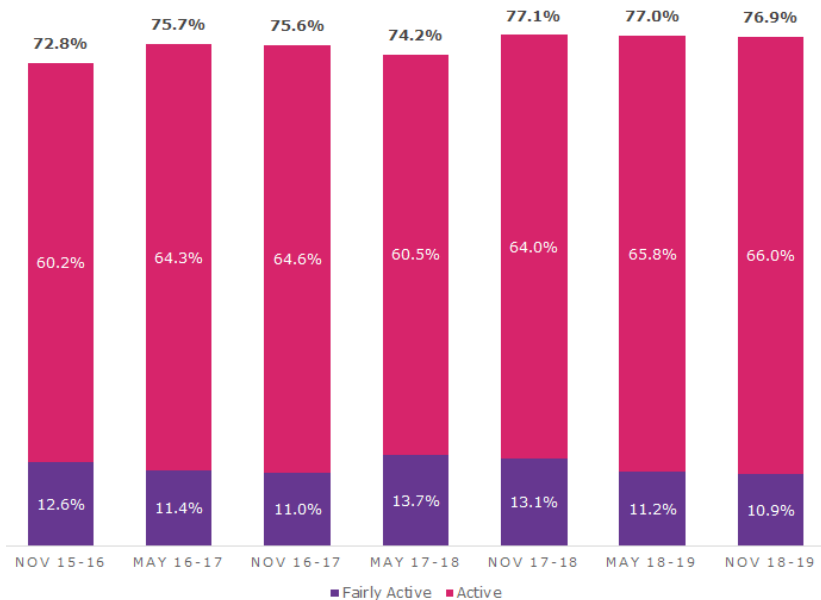


76.9%

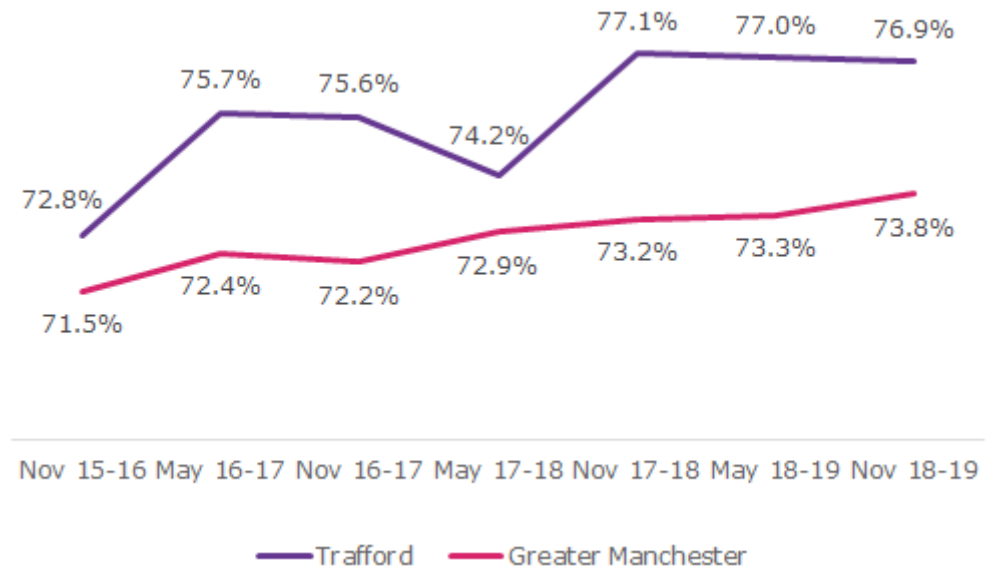
Trafford Adults are Moving
This is equivalent to 143,000 adults moving for at least 30 minutes a week.

- This is an increase since baseline (November 2015-16) of 4.1%.
- Faster rate of growth than the Greater Manchester (GM) average, Trafford still remains above the GM average for moving.
- The last 12 months (since Nov 2017-18) has seen a decrease in activity levels of 0.3% with 200 fewer adults moving in Trafford.

Adults Moving in Trafford (Fairly Active and Active)



Adults Moving in Trafford and Greater Manchester



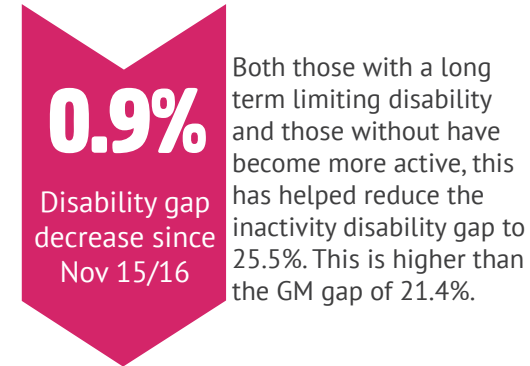
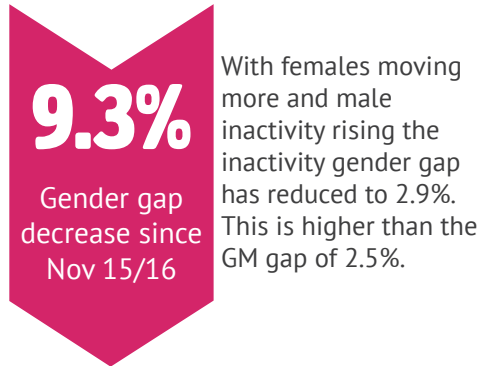
Adult Active Lives Statistics: Demographics

November 2018-19

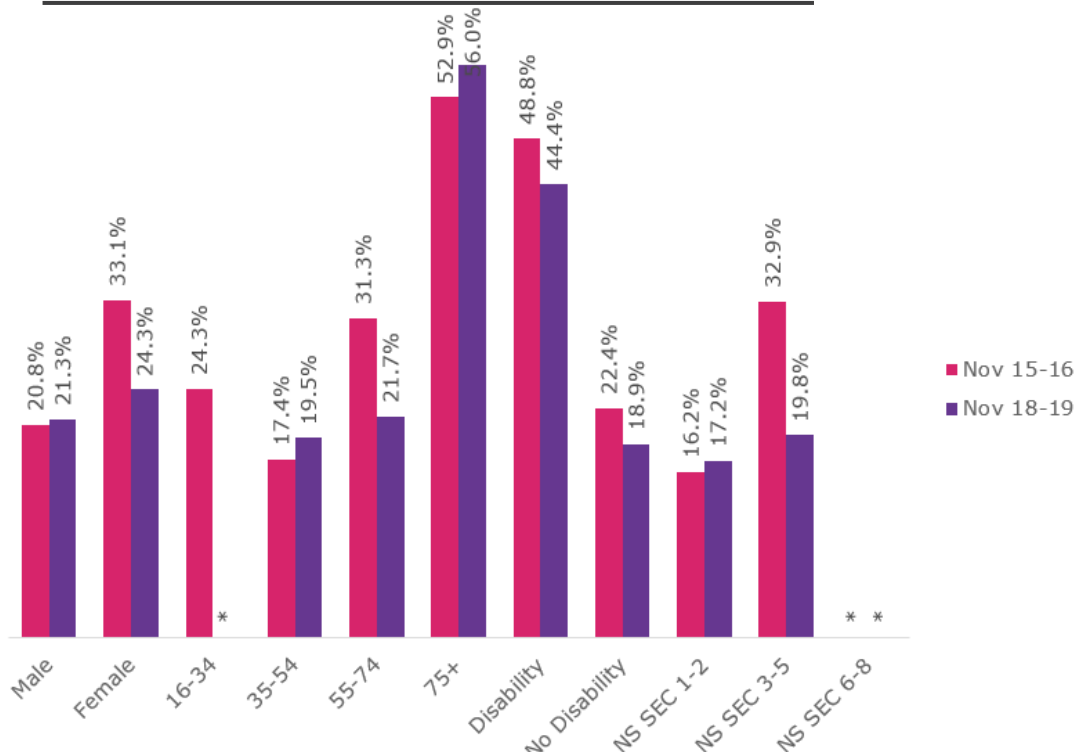
Trafford Overview

Active Lives Results

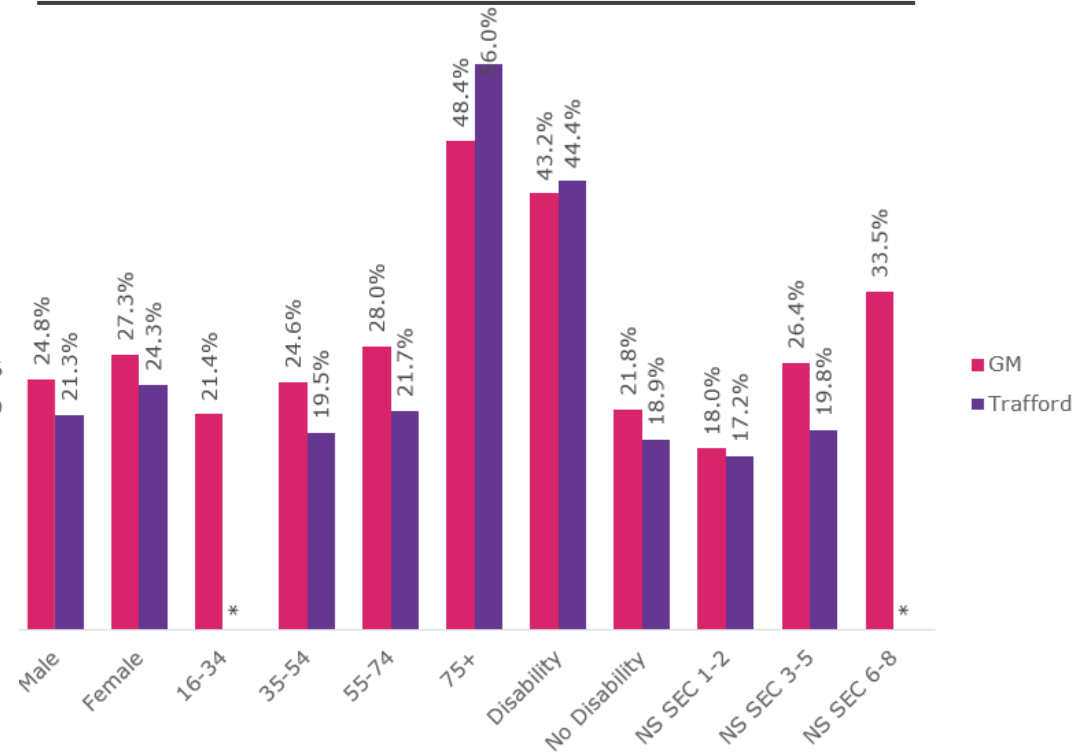
Since the first Active Lives release, (November 2015-16), Trafford has seen a decrease in inactivity levels across a number of cohorts. The largest decreases in inactivity have been amongst those from middle income categories with a 13.1% decrease, those aged 55-74, a 9.6% decrease, and females, an 8.8% decrease.



Inactivity by Demographics in Trafford over time



Inactivity by Demographics in Trafford compared to GM



NS SEC 1-2, 3-5 and 6-8 relate to higher, medium and lower income categories in the National Statistics Socio-Economic classifications