

Headline Children & Young People Statistics

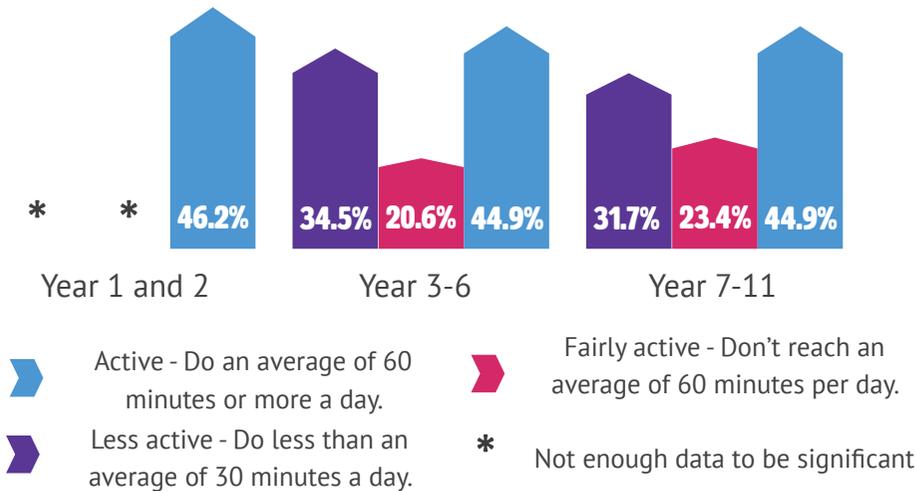
Academic Year 2018-2019
CYP Active Lives

Greater Manchester Overview

Published December 2019

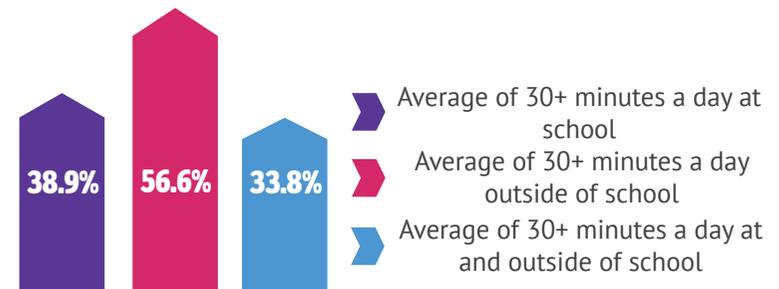


The recommendation for children & young people, aged 5 – 16 is to do a minimum of 60 minutes every day.



68.6% **School Readiness**
Of children achieving "Good level" of development by age 5.

Public Health England Data, 2019



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**176,700 CHILDREN AND YOUNG PEOPLE
ACHIEVE AN AVERAGE OF 60 MINUTES
OF PHYSICAL ACTIVITY A DAY**

23.6%

Overweight and obese
Of children classified as
overweight or obese by
reception

National Child Measurement
Programme data, 2018/2019

36.0%

Overweight and obese
Of children classified as
overweight or obese by year 6

National Child Measurement
Programme data, 2018/2019

As children get older those achieving 30+ minutes in school increases whilst out of school those achieving 30+ minutes declines

YEAR 1-2

31.9%

69.5%

YEAR 3-6

38.1%

54.6%

YEAR 7-11

42.9%

52.2%

At school

Outside of
school