

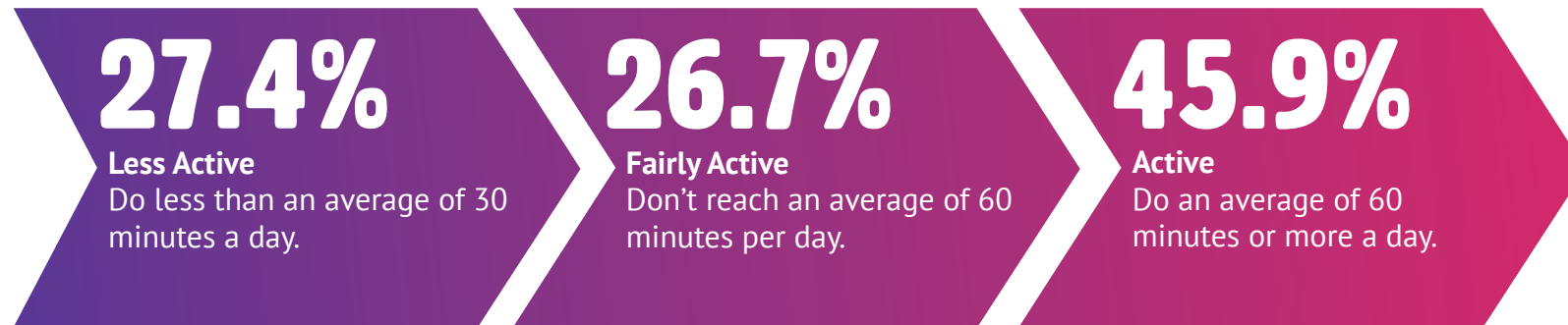
Headline Children & Young People Statistics

Academic Year 2018-2019
CYP Active Lives

Stockport Overview

Published December 2019

The second CYP Active Lives survey was published in December 2019 by Sport England and reflects data from the academic year 2018-19.



The recommendation for children & young people, aged 5 – 16 is to do a minimum of 60 minutes every day.



2 IN 5

Children have volunteered twice in the last 12 months. This is a 12% increase on last year

31.3%

Overweight and obese
Of children classified as overweight or obese by year 6

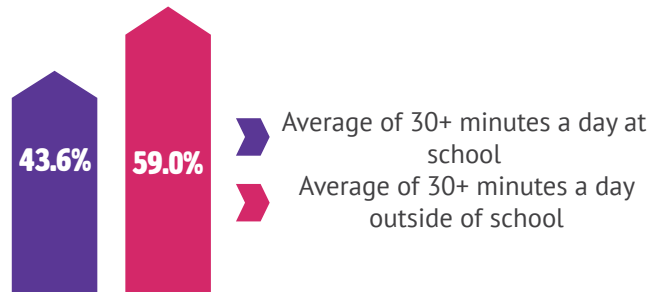
National Child Measurement Programme data, 2018/2019

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The Chief Medical Officer recommends that children and young people should be active for 30 minutes at school and 30 minutes outside of school

MORE THAN 6 IN 10 YOUNG PEOPLE DO LESS THAN AN AVERAGE OF 30+ MINUTES AT AND OUTSIDE SCHOOL

- 19.8% of children & young people in Stockport are achieving 60 minutes of physical activity every day, this is equivalent to 7,700 children & young people.
- 17,700 are averaging 60 minutes a day

70.4%

School Readiness
Of children achieving “Good level” of development by age 5.

Public Health England Data, 2019

3 IN 5 YOUNG PEOPLE IN STOCKPORT ACHIEVE AN AVERAGE OF 30 MINUTES+ OUTSIDE OF SCHOOL