

# Headline Children & Young People Statistics

## Bury Overview

Academic Year 2018-2019  
CYP Active Lives

Published December 2019

The second CYP Active Lives survey was published in December 2019 by Sport England and reflects data from the academic year 2018-19.



The recommendation for children & young people, aged 5 – 16 is to do a minimum of 60 minutes every day.

- 17.9% of children & young people in Bury are achieving 60 minutes of physical activity every day, this is equivalent to 4,800 children & young people.
- 10,300 are averaging 60 minutes a day

**1 IN 4**

Children have volunteered twice in the last 12 months.

**63% OF PRIMARY PUPILS AND 57% OF SECONDARY PUPILS RESPONDED THAT THEY ENJOY GENERAL PHYSICAL ACTIVITY 'QUITE A LOT' OR 'A LOT'**

**34.9%**

**Overweight and obese**  
Of children classified as overweight or obese by year

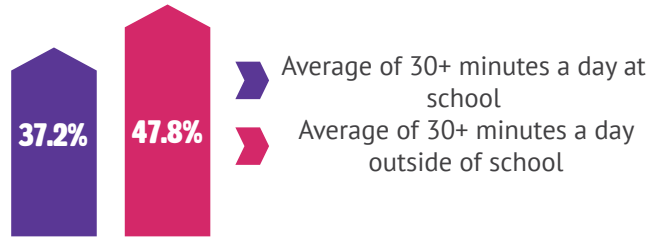
National Child Measurement Programme data, 2018/2019

Bury Council's children's physical activity survey

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The Chief Medical Officer recommends that children and young people should be active for 30 minutes at school and 30 minutes outside of school

**1 IN 2 YOUNG PEOPLE IN BURY  
ACHIEVE AN AVERAGE OF 30  
MINUTES+ OUTSIDE OF SCHOOL**

**71.4%**

**School Readiness**  
Of children achieving  
“Good level” of  
development by age 5.

Public Health England Data, 2019

**7 IN 10 YOUNG PEOPLE DO LESS THAN  
AN AVERAGE OF 30+ MINUTES AT  
AND OUTSIDE SCHOOL**

