

Physical Activity Clinical Champions (PACC) Training

Free training for healthcare professionals



What is it?

PACC training is FREE peer-to-peer learning to support healthcare professionals have more effective conversations about physical activity with service users.

55,000 healthcare professionals trained so far.

95% reported increased confidence & skills.

How does it work?

- Get in touch to book in free training at a time that suits your team
- The training can be between 1-3 hours online or face-to-face
- Can organise and offer multiple dates
- Ideally a minimum of 12 attendees needed

Benefits of the training

- > Improved confidence & knowledge
- > Increased awareness of local assets
- > Access to evidence-based resources
- > Improved management and care
- > Reduction in NHS service demands
- > Certificate to show for it!

“I feel I can explain and share the positive impact of being active which has motivated service users to try new things”

PACC training also contributes to the RCGP Active Practice Charter.

Get in touch

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Find out more

